

# Clay Community Schools

## ELEMENTARY LUNCH

NOVEMBER 2021

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Oct 20, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 1 CHICKEN NUGGETS MAC & CHEESE CARROTS & CELERY ORANGE SMILES PRETZEL MILK	Nov - 2 TACO SALAD REFRIED BEANS CARROTS, fresh PEACHES GRAHAM CRACKERS MILK	Nov - 3 GALAXY CHEESE PIZZA CORN CARROTS, fresh APPLESAUCE MILK	Nov - 4 BISCUITS & GRAVY HASH BROWN PATTY RED BEANS BAKED APPLES JUICE MILK	Nov - 5 HAMBURGER/BUN SANDWICH VEGGIES FRENCH FRIES CARROTS, fresh PEACHES MILK
Nov - 8 POPCORN CHICKEN CORNBREAD BROCCOLI & CHEESE BAKED BEANS MIXED FRUIT MILK	Nov - 9 CHILI SOUP/CRACKERS PEANUT BUTTER SANDWICH CARROTS & CELERY MIXED FRUIT MILK	Nov - 10 BIG DADDY'S PEPPERONI PIZZA CORN CARROTS, fresh APPLE, FRESH MILK	Nov - 11 STEAK BITES ROLL MASHED POTATOES BROCCOLI, FRESH MANDARIN ORANGES GRAHAM CRACKERS MILK	Nov - 12 CHICKEN PATTY/BUN CARROTS, fresh FRENCH FRIES APPLESAUCE MILK
Nov - 15 CHICKEN DRUMMIES, BISCUIT MASHED POTATOES GREEN BEANS FRUIT of cooks choice MILK	Nov - 16 CORN DOG BROCCOLI, FRESH BAKED BEANS FRUIT of cooks choice MILK	Nov - 17 STUFF CRUST PEPP PIZZA CORN RED PEPPER STRIPS APPLESAUCE BIRTHDAY TREAT MILK	Nov - 18 TURKEY AND NOODLES DINNER ROLL, WG MASHED POTATOES GREEN BEANS ICE CREAM CUP STRAWBERRIES MILK	Nov - 19 HOT DOG / BUN SUN CHIPS CARROTS, fresh BROCCOLI, FRESH FRUIT of cooks choice COOKIE MILK
Nov - 22 CHICKEN TENDERS MASHED POTATOES CARROTS, fresh PEACHES GRAHAM CRACKERS MILK	Nov - 23 COOKS' CHOICE VEGETABLE of cooks choice FRESH VEGGIES FRUIT of cooks choice MILK	Nov - 24 THANKSGIVING BREAK	Nov - 25 THANKSGIVING BREAK	Nov - 26 THANKSGIVING BREAK
Nov - 29 CHEESEBURGER/BUN FRENCH FRIES CARROTS & CELERY APPLESAUCE MILK	Nov - 30 SPAGHETTI/MEAT SAUCE GARLIC TOAST CARROTS, fresh SALAD w/ DRESSING MIXED FRUIT MILK			

ALL MENUS ARE SUBJECT TO CHANGE  
This institution is an equal opportunity provider.

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	638	550-650	100%	Carbohyd	86.85 g	54.46%	
Sodium	985 mg	1230		Tot. Fat	19.93 g	28.13%	<=30.0%
Calcium	422.02 mg			Sat. Fat	6.61 g	9.32%	<10.00%

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**